

A coach in a dark jacket is kneeling on the left, assisting two young girls in blue athletic wear who are sitting on mats on the right. The background is a bright blue sky with white clouds.

**2014–15**  
**California Physical  
Fitness Test (PFT)**

**Timeline and  
What's New**

# Agenda

- ❖ 2014–15 PFT Timeline
- ❖ Coordinator Designation
- ❖ Current Year Updates
- ❖ Best Practices
- ❖ Tools & Reports
- ❖ Contact Information

# Overview

- ❖ California *Education Code* Section 60800 requires the annual administration of the PFT to all students in grades five, seven, and nine.
- ❖ School districts must administer the PFT between February 1 and May 31.
- ❖ *FITNESSGRAM* – Designated PFT, which has as its primary goal for students to establish lifetime habits of regular physical activity.

# PFT Information

[www.pftdata.org](http://www.pftdata.org)



## California PFT Web site

- ❖ Secure District Portal
- ❖ Data Submission & Data Correction Tools
- ❖ Downloadable Scored Data Files, Student Reports, and Summary Reports
- ❖ Training and information for PFT coordinators

<http://www.cde.ca.gov/ta/tg/pf/>



## CDE PFT Web page

- ❖ Links to additional information
- ❖ Information about administration
- ❖ Summary Results

<http://www.fitnessgram.net/>



## FITNESSGRAM Web site

- ❖ *FITNESSGRAM* Test Administration Manual
- ❖ *FITNESSGRAM* software and updates

# 2014–15 Timeline

February 1, 2015

- ❖ PFT administration window opens.
- ❖ California PFT Web site secure District Portal at <http://www.pftdata.org/> opens for data submissions.
- ❖ Within 24 hours after PFT data are submitted by a local educational agency (LEA), the data correction window opens for that LEA.

# 2014–15 Timeline

**May 31, 2015**

- ❖ PFT administration window closes.

**June 30, 2015**

- ❖ District Portal closes for data submissions and corrections.



# 2014–15 Timeline

## July 7, 2015

- ❖ District Portal reopens for data submissions (i.e., data upload) and corrections.
- ❖ Preliminary PFT student scored data file will be available from the Reports tab in the District Portal.

## August 1, 2015

- ❖ PFT summary reports preview through the California PFT Web site opens. (Preview includes data submitted and corrected through June 30 deadline.)

# 2014–15 Timeline

## August 31, 2015

- ❖ District Portal closes for data submissions and corrections.

## September 8, 2015

- ❖ Final PFT student scored data file is available from the secure District Portal.
- ❖ To access this final scored data file, the 2015–16 Coordinator Designation Form must be completed and approved.



# 2014–15 Timeline

## October 2015

- ❖ PFT Annual Public Release
- ❖ Final PFT summary reports available through CDE DataQuest site. (Final includes data submitted and corrected through August 31 deadline.)
- ❖ Final PFT summary and individual student reports available from the District Portal.

## February 1, 2016

- ❖ Deadline for posting School Accountability Report Card, or SARC, on local Web sites.

# Coordinator Designation

- ❖ Every LEA must designate a PFT Coordinator and obtain a current year password.
- ❖ A new form is required each year, even if the contact information has not changed. Forms were due by November 1, 2014.
- ❖ Online form is available from the California PFT Web site at <http://www.pftdata.org>.
- ❖ Last year's passwords were deactivated and LEAs must submit a 2014–15 PFT Coordinator Designation Form to obtain a new password.

# What's New for 2014–15

- ❖ No changes to the PFT performance standards or data submission, correction, scoring, and reporting for 2014–15.
- ❖ Demographic data extract from CALPADS delayed.

# Recap of 2013–14 Changes

- ❖ HFZ for Body Mass Index (BMI) for males and females and for most ages changed in 2013–14. More information is available at <http://www.cde.ca.gov/ta/tg/pf/healthfitzones.asp>.
- ❖ PACER formula revised in 2013–14. More information is available at <http://www.cde.ca.gov/ta/tg/pf/pftresources.asp>.
- ❖ Participation Level and Reason for Participation Level fields were no longer a requirement and were renamed “Filler” in the file layout.

# Best Practices

- ❖ Check the online PFT Calendar for key dates and suggested activities. The calendar is available at <https://pftdata.org/calendar.aspx?c=2015>.
- ❖ Users of *FITNESSGRAM* (FG) Software are encouraged to upgrade to the Web-based FG10, which utilizes the current PACER formula. More information on this software is found on the Human Kinetics *FITNESSGRAM* Web site at <http://www.fitnessgram.net/>.

# Best Practices

- ❖ Log in and check your submission once you receive the automated confirmation that processing of the uploaded file is complete.
- ❖ Data can be reviewed, corrected, or a new file submitted any time between February 1 and June 30, and between July 7 and August 31.
- ❖ Correct as much data as possible. Student records with errors are not scored. Student records with warnings will be scored but may result in incorrect data.



# Best Practices

## BIA and BMI

- ❖ BIA field is for the percent body fat obtained using a Bioelectric Impedance Analyzer.
- ❖ BIA is not the same as BMI or Body Mass Index.
- ❖ BMI is a value calculated during the scoring from the student height and weight information. (BMI is not a value calculated by the LEA for PFT purposes.)
- ❖ Only the BMI obtained from the student height and weight is used in the calculation of  $VO_2$ max for One-Mile Run.
- ❖ About 9000 students had BIA values reported, which equaled the calculated BMI (within one tenth of a decimal point).



# Tools & Reports

## Student List

- ❖ Orders student records by number of errors.

### California Physical Fitness Test (PFT)

[HOME](#) | [DATA UPLOAD](#) | [DATA ENTRY](#) | **[STUDENT LIST](#)** | [TEMPLATE GENERATOR](#) | [REPORTS](#) | [LOG OUT](#)

#### Student List

Your data from the Student List will be removed when all processing activities are completed.

[Delete All Students](#)

[Error/Warning Report](#) | [Duplicate Report](#)

Search:

Page 1 of 2 page(s) | 52 record(s) Found.

Student	School Code	ID	Errors	Warnings	Error Correction
Holbrook, Vincente G	1111111	1190472153	5	0	
DeAnda, Iris P	1111111	4083293610	4	2	
Fratske, Evan G	1111111	2083105675	3	1	
Gonzalez, Isabella H	1111111	3084580067	3	1	
Hansen, Sienna Q	1111111	8083292218	3	0	
Albright, Jessee S	1111111	2083300525	2	0	
Alston, Carole M	1234567	9092770931	2	2	
Dortch, Ammon T	1111111	1083109173	2	0	
Matthews, Christoph M	1111111	7084715736	2	0	

# Tools & Reports

## Data Outside of the Valid Ranges

- ❖ “1” is the lowest possible score for the Curl-Up, Push-Up, Modified Pull-Up and PACER.
- ❖ “12” is the highest possible score for the Trunk Lift and Back-Saver Sit and Reach.
- ❖ Left and right sides must be reported for Shoulder Stretch and Back-Saver Sit and Reach.
- ❖ Complete data required for Aerobic Capacity and Body Composition.
- ❖ A “0” should be used for test where student scored a 0 such as the Flexed-Arm Hang, Trunk Lift, or Back-Saver Sit and Reach.
- ❖ Non-tested areas are left blank.

# Tools & Reports

## School Code Errors

- ❖ School Code is missing.
- ❖ School Code is not valid for the LEA.
- ❖ 0000000 is not an allowable School Code.
- ❖ 0000001 is only allowed for Non-Public Nonsectarian School (NPS) students.
- ❖ CCDDDDD is only allowed for students who are enrolled in independent study or home hospital programs.
- ❖ Verify School Codes by searching the CDE California School Directory Web page at <http://www.cde.ca.gov/re/sd/>.

# Tools & Reports

## Error Report

- ❖ Lists number of each error type.

## Duplicate Report

- ❖ Identify student (by first name, last name, and school code) for whom a record was removed as duplicate.
- ❖ Duplicate identified on the basis of first name, last name, and Statewide Student Identifier (SSID).
- ❖ First record is read in by the system; remaining additional record(s) for the same student will not be uploaded into the system.

# Key Contacts

## Physical Fitness Test

High School and Physical Fitness Office

Assessment Development and Administration Division

Phone: 916-445-9449

E-mail: [pft@cde.ca.gov](mailto:pft@cde.ca.gov)

## Physical Education Curriculum

Michael Lee

Education Programs Consultant

Professional Learning Support Division

Phone: 916-323-5798

E-mail: [mlee@cde.ca.gov](mailto:mlee@cde.ca.gov)

# Key Contacts

## **PFT Help Desk**

San Joaquin County Office of Education

Phone: 888-852-9681

E-mail: <https://pftdata.org/contact.aspx> (preferred)



# Questions and Answers

